Healthy Aging for the 21st Century Demographic Transformation



American Skin Association Board Meeting June 1, 2011

The Strategic Argument...and Political Rationale

Move Population Aging From Dependency and Disability to Healthy and Active

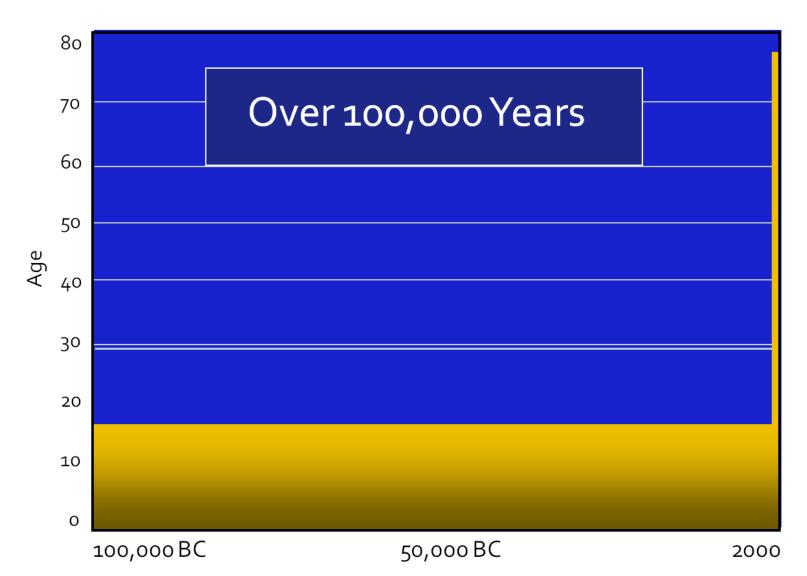
That will lead to:



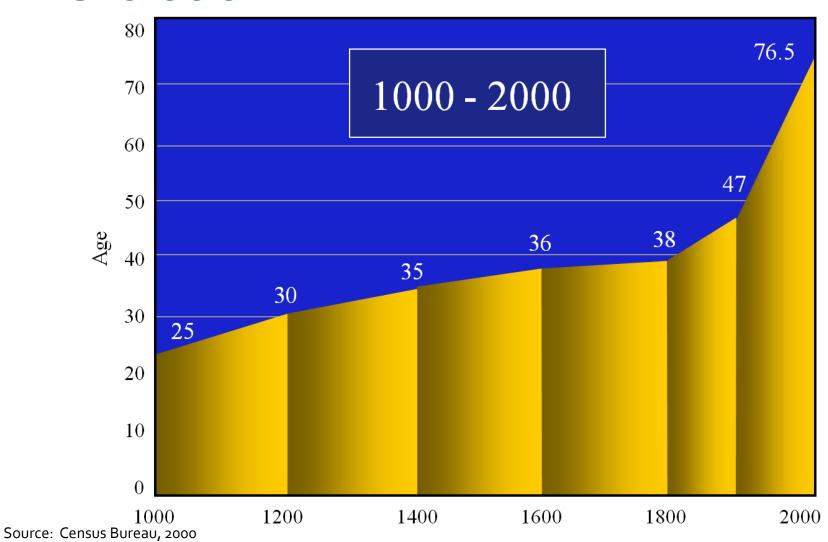
- Fiscal Sustainability
- Win 21st Century Competitiveness Race
- Market Opportunities



Life Expectancy at Birth



Supported by the Data: Longevity Revolution



The Longevity Revolution: A Social Transformation Changing Demographic Realities of the 21st Century

"No other force is likely to shape the future of national economic health, public finances, and national policies as the irreversible rate at which the world's population is growing older."

– Standard & Poor's "Global Aging 2010: An Irreversible Truth"

"Today more than 35 million people worldwide have dementia. Those numbers will double every 20 years to 65.7 million in 2030 and 115.4 million in 2050....Total costs for people with dementia amount to more than 1% of global gross domestic product (GDP), or US\$604 billion, in 2010 and exploding...."

– Alzheimer's Disease International

"Aging will make it hard for governments to deal with mounting financial pressures. It may be time to rethink our policies towards work."

- Jean-Philippe Cotis, Chief Economist, OECD

"Twenty-first-century international security will depend less on how many people inhabit the world than on how the global population is composed and distributed....The strategic and economic policies of the twentieth century are obsolete, and it is time to find new ones."

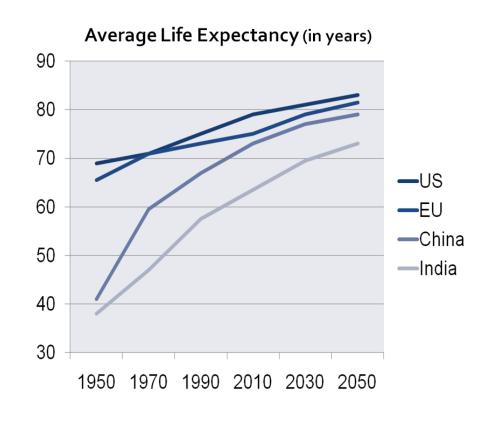
– Jack A. Goldstone, George Mason School of Public Policy, "The New Population Bomb"

"The challenge before us now is to...place global aging firmly on the development agenda for this century. There is no time to lose."

– Kofi Annan, former UN Secretary-General

It's About Living Longer – Globally...

- **Global:** 65+
 - 1950 203M,
 - 2000 606M,
 - 2050 2B
- Mexico, Brazil: 55+ doubles by 2020
- US: 20% 65+ by 2030
- **Europe**: 33% 60+ by 2050
- **China**: 25% elderly by 2050



...And a Steep Decline in Fertility Rates

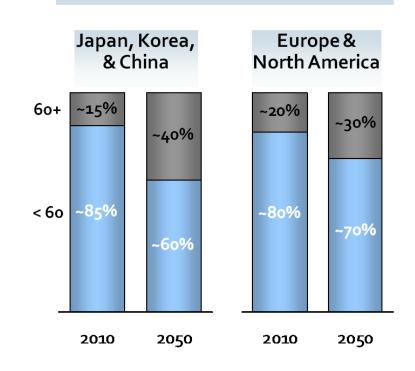
- Close to half of the world's population now lives in countries with fertility rates below the replacement level.
- Almost all of the world's developed countries have subreplacement fertility, with overall birthrates more than 20 percent below the level required for long-term population stability.
- The number of births per woman dropped by almost half, from 4.9 in the early 1960s to an estimated 2.5 today.
- Japan is an extreme case with current birth rates, only
 16 Japanese will be left in 500 years.



Leads to a Sharp Shift in the Working Population

- Between 2000 and 2020, the share of populations under 55 in the U.S. will grow less than 10%, while populations over 55 will grow around 65%
- Europe is expected to lose 24%
 and South Korea 36% of their
 prime working-age populations
 by 2050
- The worldwide old-age dependency ratio is estimated to surge from 19% in 2005 to 45% in 2050

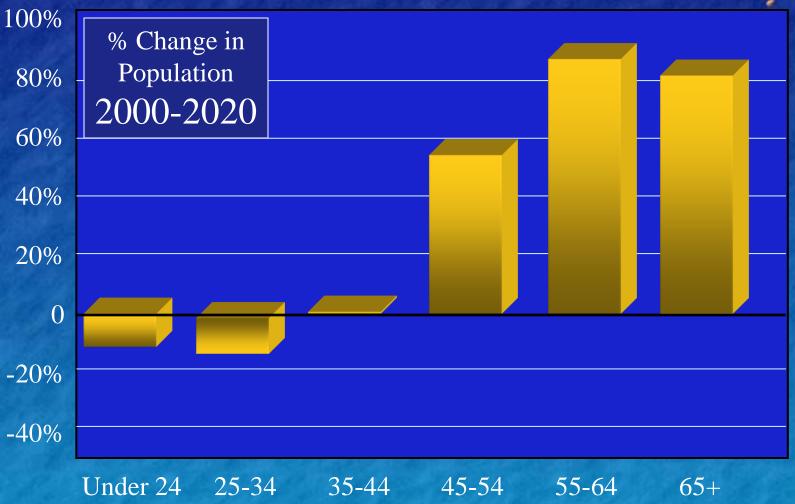
Shifting Proportions: Under/Over 60 (PERCENT)





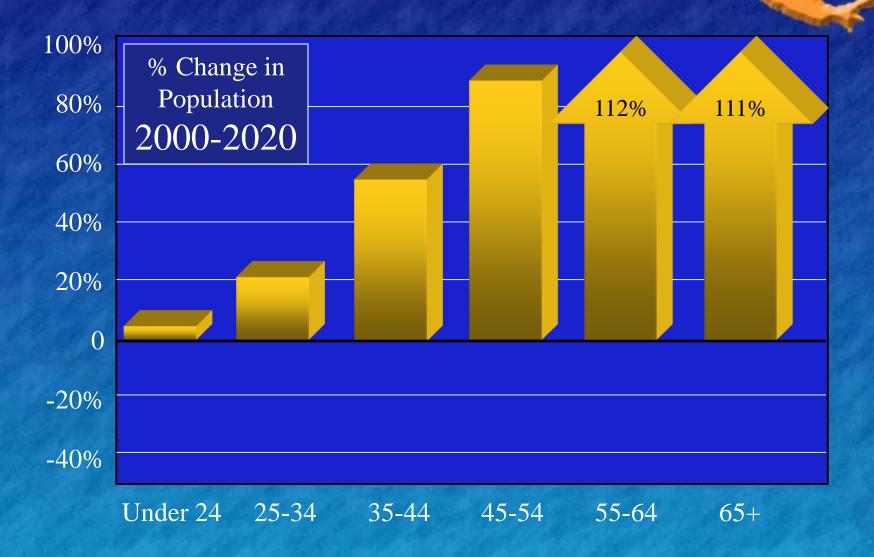
Dramatic Shifts: China





Source: United Nations

Dramatic Shifts: Mexico

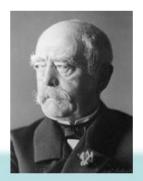


450 Million Baby Boomers Worldwide

- 77M Baby Boomers in the U.S.
 - Beginning Jan. 2011, one Baby Boomer turns 65 every 8 seconds until Dec. 2029
 - That's 10,000 Boomers turning 65 every day
- Baby Boomers in Japan (born 1947-1949) make up 5.4% of the total population
 - People aged at least 65 make up 22.2% of the population
- Record-breaking 800,000+ people will turn 65 in the UK in 2011



We Must Transform Our Public Institutions



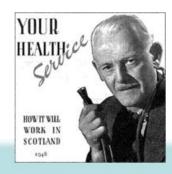
Otto von Bismarck creates paternalistic welfare state

1880s

1935

FDR signs Social Security Act





National Health Service created in England

1948



LBJ signs Medicare into law



Programs
created in the
19th and 20th
centuries are
not fit for the
21st century
realities of
population
aging

New policy leadership is imperative.

Health Impacts of Aging Dramatic

Stroke

Hair thins and grays
Neurons diminish
Parkinson's disease
Hearing impairments
Xerostomia (dry mouth)
Hypercholesterolemia
Lung capacity declines
Pneumonia and influenza

Hemorrhoids

Incontinence (urinary and fecal)

Erectile dysfunction
Male-pattern baldness
Prostate enlarges/inflames
Prostate cancer
Sex drive diminishes
Testosterone levels decline
Testicular cancer

Dementia

Disequilibria

Eye/Vision problems

Gum disease

Thyroid disease

Heart disease

Emphysema

Diabetes

Kidney function declines

Cancer (colon, pancreas, breasts, lung, etc)

Metabolism declines

Obesity and weight problems

Muscle mass diminishes

Bones lose mass and density

Orthopedic impairments

Varicose veins

Arthritis (feet, knees, hips, spine and hands) Circulatory problems **Depression**

Memory functions decline
Sinusitis

Teeth discoloration
Teeth loss

Loss of taste

Vocal cords stiffen Swallowing difficulties

Immune system weakens

Vertebrae compress, reducing height

Hip replacement

Skin thins, wrinkles, and discolored



Bones increasingly brittle
Breast cancer
Estrogen levels decline
Hot flashes
Menopause
Osteoporosis
Uterine cancer

Move From "Disability and Dependence" to "Healthy and Active": Global Action



EU Year for Active Ageing and Solidarity between Generations – 2012



"An Age-friendly City is an inclusive and accessible urban environment that promotes active ageing."



Policy Dialogue on Aging, Health and Innovation: *Preparing APEC Economies for the Fiscal and Economic Opportunities of Aging Populations* – March 8, 2011



OECD 50th Anniversary – Conference on *Health Reform: Meeting* the challenge of ageing and multiple morbidities – June 22, 2011



Growing private sector and NGO activity: Age-friendly Cities, think tanks, media pick-up, HelpAge, Global Coalition on Aging

Global Coalition on Aging: Vision

Global in scope

With a diverse, cross-sector membership

Animated by an optimistic view of the longevity miracle

With a clear intellectual framework, strategy, and narrative

Focused on **political advocacy** to decision makers in institutions of influence in society

And powered by private-sector will, commitment and innovative solutions

Global Coalition on Aging: Members

Founding Members



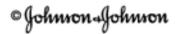






















Society Must View Population Aging as an Opportunity

